



### ***LUK, Inc. Practicum Program Descriptions***

L.U.K. (Let Us Know) Crisis Center, Inc. (LUK), is a 501(c)(3) non-profit youth and family counseling agency in Central Massachusetts dedicated to improving the lives of children, adolescents, and their families. LUK offers a full spectrum of programs addressing mental and behavioral health, trauma, addiction and substance abuse prevention, and homelessness. LUK was established on the belief that all people have inherent worth and every community is empowered to make changes to ensure the well-being of its members. LUK has a long standing reputation of being person-centered, with qualified, caring and compassionate professionals working with community members ‘where they are at.’

LUK is organized into seven divisions which provide an array of crisis intervention, outpatient, residential, foster care, transitional living, and training services under contracts with numerous state and federal agencies. A practicum at LUK is a tailored experience within the Behavioral Health Services (BHS) division, which offers a continuum of services ranging from standard outpatient level of care (SOP) to intensive, community-based and in-home services, psychological assessment, and trauma services. Practicum student placement can include standard outpatient services (SOP) and psychological assessment as well as activities within LUK’s Central Massachusetts Child Trauma Center (CMCTC). CMCTC is dedicated to the development and sustainability of a capacity of mental health providers to identify and treat trauma symptoms among children and their families utilizing evidence-based treatments such as Attachment, Regulation and Competency (ARC), ARC Grow, and Parent-Child Interaction Therapy (PCIT). As a Category III National Child Traumatic Stress Network (NCTSN) center, CMCTC participates in collaborative efforts to raise standards of care and increase access to mental health services.

The aim of the practicum program is to provide a supportive and challenging environment for doctoral practicum students in which, as practitioner-scholars, they learn to offer the highest quality, client-centered, culturally responsive services to the underserved members of our communities who struggle with behavioral health issues.

<b>Location:</b>	Fitchburg, Massachusetts
<b>Position Start/End Dates:</b>	Tuesday, September 7, 2022 to Friday, May 5, 2023
<b>Practicum Hours/Days:</b>	24-27 hours per week; 3 days/week; Wednesdays required for a total of at least <u>600 hours/240 direct</u>
<b>Application Deadline:</b>	<u>Monday, January 10<sup>th</sup>, 2022 by 11:30pm</u> for practicum year

2022-2023.

**BHS Position Opportunities:**

One (1) trainee will have the opportunity to provide outpatient services at one of our four (4) clinic sites (clinic-based services) or in one of several schools (school-based services) in which LUK provides clinical services. Trainees also have the opportunity to function within a multi-disciplinary team responsible for providing community-based, family-based treatment including assessment, treatment planning, care coordination, family and case consultation, individual, group and family treatment, and discharge planning. Trainees also have the opportunity to administer, score, and conceptualize psychological assessments in collaboration with doctoral interns and staff psychologists.

One (1) trainee will be assigned to the CMCTC within the BHS division, with the opportunity to provide a variety of trauma services to children and adolescents (birth to age eighteen) and their families utilizing evidence-based treatment. Services are offered in several formats, including clinic-based, standard outpatient settings as well as community-based.

Trainees may also receive preparation in and completion of trauma evaluations. Trauma evaluations are typically requested and funded by the Department of Children & Family (DCF). Children and youth are referred for the purpose of determining the effects of adverse experiences on the child's cognitive, emotional, and social functioning. Trainees may conduct a battery of psychological tests depending upon the assessed needs of the child and a comprehensive biopsychosocial assessment; consult with collateral sources; write an integrated psychological evaluation/report; and provide feedback/consultation to the youth and their significant others regarding results and recommendations.

**Clinical Training Opportunities:**

Trainees receive at least two (2) hours of individual supervision from licensed staff psychologists and one (1) hour of group supervision per week. Additional learning opportunities includes three dyadic seminars offered during the 2022-2023 training year, including:

*Family Systems Seminar:* This weekly seminar includes readings, discussions, and didactic trainings regarding

family systems theory and family therapy, as well as group supervision of family cases. Videotape and live supervision will be used whenever possible. A focus will be on evidence-based models of family therapy.

*Psychological Evaluation & Assessment Seminar:* This weekly seminar includes readings, discussion, and group supervision related to conducting psychological evaluations. This seminar is tailored to meet the needs of the current practicum, intern, and post-doctoral fellow group each year. Activities and readings vary to address training needs.

*EBT-Specific Group Supervision:* Master's level interns trained in specific EBT/EBPs participate in a monthly EBT-specific group supervision format on a monthly basis. Group supervision is facilitated by a master trainer or clinical supervisor skilled in the application of the specific EBT/EBP and attended by mental health providers trained within BHS and agency-wide. Group supervision includes a variety of activities, and can include case presentation, role playing, review of fidelity measures, and application of interventions.

*BHS Sexual Orientation and Gender Identity (SOGI) Consultation Group:* BHS maintains an ongoing SOGI consultation group to support BHS staff in the service and promotion of affirming care for all youth and families at LUK. This multifaceted group integrates the LGBTQ Responsive Model for Supervision and provides a safe and inclusive space for acquisition of new knowledge as it relates to affirming care, cultivation of awareness and skills at the intra-personal, inter-personal, and group level. Please see supervisor for up to date scheduling information.

### **Additional Training Opportunities:**

Trainees have access to once a month staff training (1-1.5 hours) in the BHS Division. Trainings relate to BHS clinical services and include a wide variety of topics; for example, trauma-focused treatment, evidence-based substance abuse treatments, home-based family therapy approaches, case management and community resources.

Trainees may also attend agency-wide trainings which occur on an every other month basis (3-4 hours). On the alternating months self-paced, on-line training is made available to trainees. These trainings are more global and include topics pertinent for all LUK employees; for example, workplace safety, communicable diseases, diversity training, and legal

and ethical issues.

**Application Prerequisites:**

Master's Degree required. Practicum experiences are appropriate for advanced graduate students interested in provided trauma-informed mental health services to underserved populations. Testing experience and related coursework in the areas of developmental, psychopathology, and assessment is preferred but not required.

**Application Requirements:**

Cover letter, curriculum vitae, and one reference letter (preferably by a previous clinical supervisor) should be submitted no later than Monday, January 10, 2022 at 11:30 p.m. to LUK's Training Director, Dr. David Hamolsky (dhamolsky@luk.org). Suitable candidates may also be considered on a rolling basis.

**Interview Process:**

Candidates will be invited to interview with staff Psychologists. LUK's notification process adheres to the formal process established by the Massachusetts Practicum Training Collaborative (PTC).